



## MEDIA RELEASE Northwest Narwhals Swim Club

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### Thunder Bay - Northwest Narwhals Regional Championship Results

23 Narwhals participated in the Regional Championships at the Complex this past weekend with outstanding results in all age categories earning over 40 medals in the process.

Lawson Mironsky tied for the 11 and under boys High Points Award by taking home 5 Gold and 3 Silver. Fred Serratore earned a Silver and a 2 Bronze. Jarek Tremblay earned 1 Gold and 2 Silver. Jesse Massaro earned 1 gold and 2 Bronze. Damon Quinn earned 2 Bronze. Chris Kranichuk earned a Gold and Silver. Lawson Mironsky, Fred Serratore, Jesse Massaro and Mathew Dafoe won gold in the Boys 12-13 Medley Relay.

The girls also represented themselves well with Kaitlyn Massaro earning 1 Gold, 5 Silver and 1 Bronze. Takara Martin was recognized for making Olympic Trials and for earning 3 Gold, 1 Silver and a Bronze. Ellen Lafroy earned 1 Gold and 3 Silver. **Morgan Labelle earned 2 Gold.** **Alyssa Iwanonkiw earned a Silver** and a bronze. Marie Wood earned a bronze and Julie Hauth earned a bronze.

Head Coach David Iwanyszyn and Coach Barry Massaro will next take Kaitlyn Massaro and Takara Martin to Gatineau, Quebec for Eastern Canadian Championships Feb 16-19<sup>th</sup>.

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