



MEDIA RELEASE

Northwest Narwhals Swim Club

For Immediate Release

November 29, 2011

Narwhal End of Year Swim Meet

On December 10th and 11th the Northwest Narwhal Swim Club is hosting their annual short course swim meet at Lakehead University's C.J. Saunders Fieldhouse. Swimmers from across the region will be in attendance competing at the meet. Sessions run on Dec 10th starting at 9:30 a.m. and 5:00 p.m. with the final session on Dec 11 starting at 9:30 a.m..

The Narwhals, coached by David Iwanyszyn are in their 13th year, have a number of Provincial and National qualified swimmers within the team. Takara Martin, age 16, recently broke a Thunder Bay Record for the 100 m Breaststroke that was held by Joanne Baker who was on the 1976 Olympic Team. As well many team members are power ranked (in the top 50) in Canada and Ontario for their times. There are over 30 swimmers with the club and ages of the team members range from 8 to 21 years.

Admission is free and spectators are welcome. Come on out and watch some of the best swimmers in the region compete at the LU Pool in an exciting and fun competition.

Contact and Media Inquiries:

David Iwanyszyn
Northwest Narwhal Swim Club
Phone: (807) 768-0519
Email: davidi_nwn@hotmail.com

- ### -