



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

October 20, 2013

Northwest Narwhals Open the Season Strong

Head Coach, David Iwanyszyn had 12 swimmers in the water the FFAST Fall Frolic October 18-20 2013 in Fort Frances. The team placed 3rd for team points overall while achieving 86% Personal Best Times and breaking 7 club records. Congratulations to Mathew Dafoe, Aleah Perry-Cerilli, Emma Covello, Heather Eyben, Abbie Hauth and Morgan LaBelle achieved Personal Best Times in all swims.

Lawson Mironsky achieved 8 Gold in the 13 year old boys division. Mathew Dafoe had 2 Gold, 4 Silver and a Bronze place finish in the same division. Heading up the girls results was Ellen Lafroy (14) with 6 Gold and 2 Silver. Morgan LaBelle (15) won the Jim Brow Individual Medley Award along with 3 Gold, a Silver, 3 Bronze. Ilana Mironsky (10) swam to 2 Gold and 4 Silver. Julie Hauth (15) achieved a Gold and a Silver. Emma Covello (11) did well in the 11-12 age group with a Gold and Silver. Gabrielle Chenard (14) swam hard for 3 Silver. Alyssa Bossio (11) and Heather Eyben (13) both achieved a Bronze. Aleah Perry-Cerilli (11) and Abbie Hauth (13) had strong finishes in their first out of town meet.

Rounding out the medals were the 13-14 Girls relay team of Lafroy, LaBelle, Bossio and Covello who swam to a 1st place finish in that division in both freestyle and medley.

Next up Alyssa Bossio, Emma Covello, Lawson and Ilana Mironsky head off as qualifiers to the Brantford Swim International in November.

Contact and Media Inquiries:
Northwest Narwhal Swim Club
Phone: (807) 768-0519
Email: davidi_nwn@hotmail.com

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