



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

April 16, 2013

Northwest Narwhals swim in Kenora

The Northwest Narwhal Swim Club had 13 swimmers attend the NWO Open Swim Meet hosted by the Kenora Sharks April 12-14th with outstanding results. Takara Martin did not compete at the meet having just returned from her first visit to the Canadian World Trials at the beginning of April.

In the 15 and over category Alyssa Iwanonkiw (18) - 2 Silver and 3 Bronze; Damon Quinn (18)- 1 Gold, 1 Silver and 3 Bronze; Kaitlyn Massaro (15)- 3 Gold and 2 Bronze; Morgan LaBelle (15)– 2 Bronze.

In the 13-14 age group Ellen Lafroy (13)- 5 Gold and 2 Bronze; Brittney Felix (14)– 1 Gold, 4 Silver and 2 Bronze; Jesse Massaro (13)– 2 Gold, 2 Silver and 4 Bronze; Lawson Mironsky (13)– 1 Gold, 4 Silver and 2 Bronze; Mathew Dafoe(13) – 2 Gold, 2 Bronze and 1 Silver.

In the 11 – 12 age group Emma Covello (11)– Bronze; Alyssa Bossio(11) – Silver; Heather Eyben (12) had two top 8 finishes.

In the 10 and under Ilana Mironsky(9) – 1 Gold, 3 Silver and 2 Bronze. Head Coach David Iwanyszyn and Assistant Head Coach Barry Massaro were very pleased with team performance.

Next up the team will compete in the May International hosted by the Thunderbolts.

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