



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

November 19, 2012

Northwest Narwhals swim at Branford and Kenora

On November 9 - 11 long time attendees Takara Martin and Kaitlyn Massaro were joined by new qualifiers Jesse Massaro, Brittney Felix, Lawson and Ilana Mironsky at the Swim International Swim Meet held in Brantford at the Wayne Gretzky Sports Centre. Overall the team held their own up against some of the fastest swimmers in Ontario.

Highlights included Martin winning a Silver Medal in both the 100 m and 200 m Breaststroke. Kaitlyn and Brittney showing outstanding results in the 400 m Individual Medley cutting 17 and 4 seconds respectively. Jesse had an outstanding meet and achieved 100% Best Times in all his event taking time off each swim. Lawson as well cut time in many swims and achieved a Ontario Provincial qualifying time in the 100 m Butterfly for a 5th place finish. Ilana did well in her first swim meet outside of our region taking 10 seconds off her 100 m Backstroke.

Heather Eyben, Emma Covello, Fred Serratore, Gabby Chenard, Julie Hauth, Julia O'Flaherty competed in the KSS Fall Invitational this past weekend in Kenora. Highlights of the meet include Emma with a 1st in the 50 Breast and a 2nd in the 400 Free; Fred with 2nd in the 50 Back and a 3rd in the 50 Fly; Julia with 1st in the 100 I.M and a 2nd in the 50 Breast; Julie had a 2nd in the 50 Breast.

Next the team heads off to Prairie Winter Invitational in Winnipeg November 29th and finish up December hosting their own Narwhal End of the Year Meet on December 8-9th at LU Pool.

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